



September 2021

Alzheimer's Care Resource Center: Caregiver Events Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	--		1 Wednesday Workshop Anger, Aggression & Alzheimer's <i>Watch on our website</i>	2	3
Week 2	6 Monday Mojo for Caregivers Inspirational Quotes About Life <i>Watch on our website</i>	7	8 Wednesday Workshop How to Pay for Long Term Care with Ralph Robbins <i>Watch on our website</i>	9	10
Week 3	13 Monday Mojo for Caregivers Finding Inner Peace When You Are Feeling Overwhelmed <i>Watch on our website</i>	14	15 Wednesday Workshop Memory Care Communities: What To Look For <i>Watch on our website</i>	16	17
Week 4	20 Monday Mojo for Caregivers 3 Funny Questions To Ask Yourself If You're Stressed <i>Watch on our website</i>	21	22 Wednesday Workshop The Benefits of Pets for Those with Alzheimer's <i>Watch on our website</i>	23	24
Week 5	27 Monday Mojo for Caregivers Songs to Relieve Caregiver Stress <i>Watch on our website</i>			<p>(561) 588-4545 2290 10th Ave N #406 Lake Worth, FL 33461 www.alzpb.org RSVP for any event by calling (561) 588-4545.</p>	