






April 2019

Alzheimer's Care Resource Center: Caregiver Events Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	1 Monday Mojo for Caregivers Maintaining Inner Peace Topic <i>Watch on our website</i>	2	3 Wednesday Workshop What Do You Do When Your Care Receiver Doesn't Recognize You? <i>Watch on our website</i>	4	5
	8 Monday Mojo for Caregivers Filling Your Life with Positive Energy <i>Watch on our website</i>	9	10 Wednesday Workshop How Music Positively Affects the Brain & Memory <i>Watch on our website</i>	11 Alzheimers vs Normal Aging Free Workshop & Continental Breakfast The Carlisle Palm Beach 450 E. Ocean Ave, Lantana RSVP 561-588-4545	12
Week 3	15 Monday Mojo for Caregivers Signs That It's Time to Change Your Mindset <i>Watch on our website</i>	16	17 Wednesday Workshop Smart Ways to Reduce Fall Risks at Home <i>Watch on our website</i>	 <p>19 Paint for Fun™ 10:00am-12:00pm In Lake Worth Office Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i></p>	
	22 Monday Mojo for Caregivers Inspirational Quotes for Strong Women <i>Watch on our website</i>	23	24 Wednesday Workshop Ways the Family Can Come Together to Care for Mom GREAT GIVE OPEN HOUSE  10a-2p Join us to celebrate the spirit of giving!		
Week 4	28 Monday Mojo for Caregivers 2 Ways to be a More Compassionate Caregiver <i>Watch on our website</i>	 Join us for our GREAT GIVE OPEN HOUSE on Wednesday April 24th from 10a-2p and celebrate the Spirit of Giving! Palm Beach & Martin Counties		<p>(561) 588-4545 2290 10th Ave N #406, Lake Worth, FL 33461 www.alzpb.org RSVP for any event by calling (561) 588-4545.</p>	