



February 2019

Alzheimer's Care Resource Center: Caregiver Information Station Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	---	---	---	---	1
Week 2	4 Monday Mojo for Caregivers	5	6 Wednesday Workshop	7 The Reef for Male Caregivers	8
	Caring for Yourself Watch on our Website		Alzheimer's and Intimacy Watch on our Website	Tips on Caregiving for Your Parents Watch on our Website	
Week 3	11 Monday Mojo for Caregivers	12 CAREGIVING WORKSHOP	13 Wednesday Workshop		15 Paint for Fun
	Use This Year Wisely Watch on our Website	Essential Oils & Caregiving FREE Wellness Consultations to follow	What if Your Valentine Has Alzheimer's? Watch on our Website		10:00am -12:00pm Lake Worth Office Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i>
18 Monday Mojo for Caregivers	19	20 Wednesday Workshop	22		
How to Stay Positive When Times Are Tough Watch on our Website		What To Do When Your Loved One Refuses To See a Doctor Watch on our Website			
Week 5	25 Monday Mojo for Caregivers	26	27 Wednesday Workshop	<p>(561) 588-4545</p> <p>2328 10th Ave N #600, Lake Worth, FL 33461</p> <p>www.alzpb.org</p> <p>RSVP for any event by calling (561) 588-4545.</p>	
	Altering Your Perspective During a Crisis Watch on our Website		Should Your Loved One with Memory Loss Own A Pet? Watch on our Website		