





# April 2018

## Alzheimer's Care Resource Center: Caregiver Information Station Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	2 <b>Monday Mojo for Caregivers</b> Maintaining Inner Peace Topic <i>Watch on our website</i>	3	4 <b>Wednesday Workshop</b> What Do You Do When Your Care Receiver Doesn't Recognize You? <i>Watch on our website</i>	5	6
	9 <b>Monday Mojo for Caregivers</b> Filling Your Life with Positive Energy <i>Watch on our website</i>	10	11 <b>Wednesday Workshop</b> How Music Positively Affects the Brain & Memory <i>Watch on our website</i>	12 <b>The Reef for Men</b> 3 Ways to Be a More Effective Male Caregiver <i>Watch on our website</i>	13
<b>Week 2</b>	16 <b>Monday Mojo for Caregivers</b> Signs That It's Time to Change Your Mindset <i>Watch on our website</i>	17	18 <b>Wednesday Workshop</b> Smart Ways to Reduce Fall Risks at Home <i>Watch on our website</i>	 <p><b>20 Paint for Fun™</b> <b>10:00am-12:00pm</b> <b>In Lake Worth Office</b> Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i></p>	
	23 <b>Monday Mojo for Caregivers</b> Inspirational Quotes for Strong Women <i>Watch on our website</i>	24 <b>GREAT GIVE OPEN HOUSE</b> 10a-2p Join us to celebrate the spirit of giving! 	25 <b>Wednesday Workshop</b> Ways the Family Can Come Together to Care for Mom <i>Watch on our website</i>		
<b>Week 3</b>	30 <b>Monday Mojo for Caregivers</b> 2 Ways to be a More Compassionate Caregiver <i>Watch on our website</i>	----	----	<p>(561) 588-4545 2328 10<sup>th</sup> Ave N #600, Lake Worth, FL 33461 <a href="http://www.alzpb.org">www.alzpb.org</a> RSVP for any event by calling (561) 588-4545.</p>	
<b>Week 4</b>				<p><b>27 Waves of Faith</b> <b>Reconnect to Your Spirit</b> Non-Denominational Prayer and Inspiration <i>Watch on our website</i></p>	