



February 2018

Alzheimer's Care Resource Center: Caregiver Information Station Calendar



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--|---------|---|---|--|
| Week 1 | --- | --- | --- | 1 | 2 |
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| Week 2 | 5 Monday Mojo for Caregivers | 6 | 7 Wednesday Workshop | 8 The Reef Just for Men | 9 |
| | Caring for Yourself <i>Watch on our website</i> | | Alzheimer's and Intimacy <i>Watch on our website</i> | The Work-Life and Caregiving Balance for Men <i>Watch on our website</i> | |
| Week 3 | 12 Monday Mojo for Caregivers | 13 | 14 Wednesday Workshop |  | 16 Paint for Fun™ |
| | Use This Year Wisely <i>Watch on our website</i> | | What if Your Valentine Has Alzheimer's Disease? <i>Watch on our website</i> | | 10:00am-12:00pm In Lake Worth Office Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i> |
| Week 4 | 19 Monday Mojo for Caregivers | 20 | 21 Wednesday Workshop | 23 Waves of Faith | |
| | How to Stay Positive When Times are Tough <i>Watch on our website</i> | | What to Do When Your Loved One Refuses to See a Doctor <i>Watch on our website</i> | Reconnect to Your Spirit Non-Denominational Prayer and Inspiration <i>Watch on our website</i> | |
| Week 5 | 26 Monday Mojo for Caregivers | 27 | 28 Wednesday Workshop | <p>(561) 588-4545</p> <p>2328 10th Ave N #600, Lake Worth, FL 33461</p> <p>www.AlzheimersCareResourceCenter.org</p> <p>RSVP for any support group by calling (561) 588-4545.</p> | |
| | Altering Perspective During a Crisis <i>Watch on our website</i> | | Should Your Loved One with Memory Loss Own a Pet? <i>Watch on our website</i> | | |