









October 2017

Alzheimer's Care Resource Center: Caregiver Information Station Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday		
Week 1	2 Monday Mojo for Caregivers Inspirational Words "Nothing Will Change Unless You Change" <i>Watch on our website</i>	3	4 Wednesday Workshop Simplifying Daily Care for People with Parkinson's Disease <i>Watch on our website</i>	5	6		
	9 Monday Mojo for Caregivers A Guide for Living Life to the Fullest <i>Watch on our website</i>	10	11 Wednesday Workshop Helpful Tips for Dressing a Loved One with Parkinson's Disease <i>Watch on our website</i>	12 The Reef for Men The Stages of Parkinson's Disease <i>Watch on our website</i>	13		
Week 2	16 Monday Mojo for Caregivers Overcoming Low Self Esteem in Caregiving <i>Watch on our website</i>	17	18 Wednesday Workshop Common Questions Caregivers Should Ask About Parkinson's <i>Watch on our website</i>		20 Paint for Fun™ 10:00am-12:00pm In Lake Worth Office Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i>		
	23 Monday Mojo for Caregivers Lots of Ways to Organize Your Life Now <i>Watch on our website</i>	24 Family Caregiver Workshop 10:00am-12:00pm Parkinson's Disease: Caring & Coping Workshop for Caregivers <i>RSVP at (561) 588-4545</i>	25 Wednesday Workshop Traveling Tips for the Elderly <i>Watch on our website</i>		27 Waves of Faith Reconnect to Your Spirit Non-Denominational Prayer and Inspiration <i>Watch on our website</i>		
Week 3	30 Monday Mojo for Caregivers Encouraging Quotes from Famous People <i>Watch on our website</i>	31 Halloween 	----		<p align="center">(561) 588-4545 2328 10th Ave N #600, Lake Worth, FL 33461 www.alzpb.org RSVP for any event by calling (561) 588-4545.</p>		
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