




September 2017

Alzheimer's Care Resource Center: Caregiver Information Station Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>(561) 588-4545</p> <p>2328 10th Ave N #600, Lake Worth, FL 33461</p> <p>www.AlzheimersCareResourceCenter.org</p> <p>RSVP for any event by calling (561) 588-4545.</p>		----	----	1
Week 2	4 Monday Mojo for Caregivers	5	6 Wednesday Workshop	7 The Reef for Men	8
	<p>Ways to Discipline Your Negative Thoughts into Positive Ones</p> <p><i>Watch on our website</i></p>		<p>Smart Ways to Beat Caregiver-Related Depression</p> <p><i>Watch on our website</i></p>	<p>Fun Hobbies for Men with Memory Loss</p> <p><i>Watch on our website</i></p>	
Week 3	11 Monday Mojo for Caregivers	12	13 Wednesday Workshop		15 Paint for Fun™
	<p>Inspirational Words "Nothing Will Change Unless You Change"</p> <p><i>Watch on our website</i></p>		<p>Important Questions to Ask Your Aging Parents</p> <p><i>Watch on our website</i></p>		<p>10:00am-12:00pm In Lake Worth Office Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i></p>
Week 4	18 Monday Mojo for Caregivers	19	20 Wednesday Workshop	22 Waves of Faith	<p>Reconnect to Your Spirit Non-Denominational Prayer and Inspiration <i>Watch on our website</i></p>
	<p>How to Bring More Positivity into Your Home</p> <p><i>Watch on our website</i></p>		<p>Why It's a Great Idea to Join a Support Group</p> <p><i>Watch on our website</i></p>		
Week 5	25 Monday Mojo for Caregivers	26	27 Wednesday Workshop	----	30
	<p>A Powerful Reminder "You Are Amazing"</p> <p><i>Watch on our website</i></p>		<p>Awesome Ways to Unplug From Caregiving</p> <p><i>Watch on our website</i></p>		