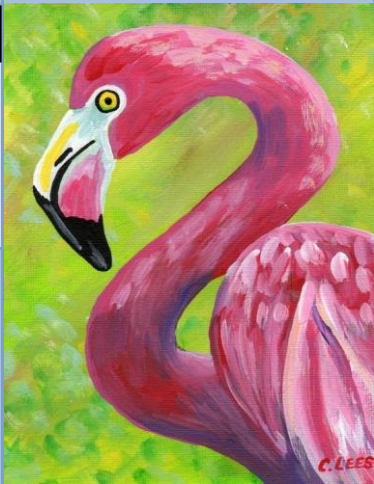




June 2017

Alzheimer's Care Resource Center: Caregiver Information Station Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>(561) 588-4545</p> <p>2328 10th Ave N #600, Lake Worth, FL 33461</p> <p>www.AlzheimersCareResourceCenter.org</p> <p>RSVP for any event by calling (561) 588-4545.</p>		----	1	2
Week 2	5 Monday Mojo for Caregivers	6	7 Wednesday Workshop	8 The Reef for Men	9
	<p>Improving Your Mental Toughness</p> <p><i>Watch on our website</i></p>		<p>Signs That It's Time for a Break from Caregiving</p> <p><i>Watch on our website</i></p>	<p>Why You Need Time Away from Caregiving</p> <p><i>Watch on our website</i></p>	
Week 3	12 Monday Mojo for Caregivers	13	14 Wednesday Workshop		16 Paint for Fun™
	<p>3 Ways to Constantly Improve Yourself</p> <p><i>Watch on our website</i></p>		<p>Tips on Helping your Loved One Get Dressed</p> <p><i>Watch on our website</i></p>		<p>10:00am-12:00pm</p> <p>In Lake Worth Office</p> <p>Create Your Own Painting Masterpiece</p> <p><i>Register at (561) 588-4545</i></p>
Week 4	19 Monday Mojo for Caregivers	20	21 Wednesday Workshop	23 Waves of Faith	<p>Reconnect to Your Spirit</p> <p>Non-Denominational Prayer and Inspiration</p> <p><i>Watch on our website</i></p>
	<p>Mindfulness for Busy Caregivers</p> <p><i>Watch on our website</i></p>		<p>What is Vascular Dementia?</p> <p><i>Watch on our website</i></p>		
Week 5	26 Monday Mojo for Caregivers	27	28 Wednesday Workshop	29	30
	<p>A Quick Survival Guide for Family Caregivers</p> <p><i>Watch on our website</i></p>		<p>Summer Safety Tips for People with Memory Loss</p> <p><i>Watch on our website</i></p>		