



September 2016

Alzheimer's Care Resource Center: Caregiver Information Station Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	<p>(561) 588-4545 2328 10th Ave N #600, Lake Worth, FL 33461 www.AlzheimersCareResourceCenter.org RSVP for any event by calling (561) 588-4545.</p>		----	1		
Week 2			5 Monday Mojo for Caregivers	6		7 Wednesday Workshop Important Conversations to Have with Aging Parents Color to Calm 10am - 12pm Adult Coloring for Caregivers
Pushing Past Your Limits to Live Better <i>Watch on our website</i>						
Week 3	12 Monday Mojo for Caregivers	13	14 Wednesday Workshop Tips for Effectively Communicating with Someone Who Has Dementia <i>Watch on our website</i>	15		16 Paint for Fun™ 10am-12pm Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i>
Creating a Day Worth Living <i>Watch on our website</i>						
Week 4	19 Monday Mojo for Caregivers	20	21 Wednesday Workshop 4 Activities for Loved One's with Alzheimer's Color to Calm 10am - 12pm Adult Coloring for Caregivers	22	23 Waves of Faith Reconnect to Your Spirit Non-Denominational Prayer and Inspiration <i>Watch on our website</i>	
Things You Can Do to De-Stress After a Day of Caregiving <i>Watch on our website</i>						
Week 5	26 Monday Mojo for Caregivers	27	28 Wednesday Workshop Caregiver Conversation Next Steps: How to Move Forward After Placing a Loved One <i>Watch on our website</i>	29	30	
Inspirational Music Lyrics for Caregivers <i>Watch on our website</i>						