



# Alzheimer's Care Resource Center: Caregiver Information Station Calendar

## January 2016



	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Week 1</b>	<p>(561) 588-4545</p> <p>2328 10<sup>th</sup> Ave N #600, Lake Worth, FL 33461</p> <p><a href="http://www.AlzheimersCareResourceCenter.org">www.AlzheimersCareResourceCenter.org</a></p>		----	----		
<b>Week 2</b>	<p><b>4</b> <b>Monday Mojo for Caregivers</b></p> <p>Fill Your Home with Positive Energy for the New Year <i>Watch on our website</i></p>	<p><b>5</b></p>	<p><b>6</b> <b>Wednesday Workshop</b></p> <p>7 Ways to Reduce Your Risk for Alzheimer's Disease <i>Watch on our website</i></p>	<p><b>7</b> <b>Alzheimer's Training</b></p> <p><b>8:30am-12:30pm</b> Alzheimer's Training Level 1 <b>1:00pm-5:00pm</b> Alzheimer's Training Level 2 <i>Register at (561) 588-4545</i></p>		
<b>Week 3</b>	<p><b>11</b> <b>Monday Mojo for Caregivers</b></p> <p>Inspirational Quotes from Famous Movies <i>Watch on our website</i></p>	<p><b>12</b></p>	<p><b>13</b> <b>Wednesday Workshop</b> Unique Alzheimer's Activities to Pass the Time</p> <p><b>Companion Training</b> <b>9am-3pm</b> An In-Depth Training Program for Companions</p>	<p><b>14</b> <b>The Reef Just for Men</b></p> <p>Why You Should Join a Caregiver Support Group <i>Watch on our website</i></p>		<p><b>15</b> <b>Paint for Fun™</b></p> <p><b>10am-12pm</b> Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i></p>
<b>Week 4</b>	<p><b>18</b> <b>Monday Mojo for Caregivers</b></p> <p>Feel More Powerful in 5 Minutes <i>Watch on our website</i></p>	<p><b>19</b> <b>Family Caregiver Workshop</b></p> <p><b>12:00pm-1:30pm</b> Next Steps for Family Caregivers. Life After Placement <i>Register at (561) 588-4545</i></p>	<p><b>20</b> <b>Wednesday Workshop</b></p> <p>The Worst Foods for People with Alzheimer's to Eat <i>Watch on our website</i></p>	<p><b>21</b> <b>Companion Training</b></p> <p><b>9:00am-3:00pm</b> An In-Depth Training Program for Comforting Companions <i>Register at (561) 588-4545</i></p>		<p><b>22</b> <b>Waves of Faith</b></p> <p><b>Reconnect to Your Spirit</b> Non-Denominational Prayer and Inspiration <i>Watch on our website</i></p>
<b>Week 5</b>	<p><b>25</b> <b>Monday Mojo for Caregivers</b></p> <p>A Friendly Reminder About How Awesome You Are <i>Watch on our website</i></p>	<p><b>26</b></p>	<p><b>27</b> <b>Wednesday Workshop</b></p> <p>4 Ways Siblings Can Come Together for Mom and Dad <i>Watch on our website</i></p>	<p><b>28</b> <b>Volunteer Training Day</b></p> <p><b>9:00am-3:00pm</b> An In-Depth Training Program for Volunteers <i>Register at (561) 588-4545</i></p>		<p><b>29</b></p>