



# April 2021

## Alzheimer's Care Resource Center: Caregiver Information Station Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				1	2
Week 2	5 <b>Monday Mojo for Caregivers</b>	6	7 <b>Wednesday Workshop</b>	8	9
	Filling Your Life With Positive Energy <b>Watch on our Website</b>		Smart Ways to Reduce Fall Risks at Home <b>Watch on our Website</b>		
Week 3	12 <b>Monday Mojo for Caregivers</b>	13	14 <b>Wednesday Workshop</b>	15	16
	Inspirational Quotes for Strong Women <b>Watch on our Website</b>		Ways the Family Can Come Together for Mom <b>Watch on our Website</b>		
Week 4	19 <b>Monday Mojo for Caregivers</b>	20	21 <b>Wednesday Workshop</b>	22	23
	Fun Activities to Do at Home This Week <b>Watch on our Website</b>		Every Day: What Your Care Receiver Needs Most <b>Watch on our Website</b>		
Week 5	26 <b>Monday Mojo for Caregivers</b>	27	28 <b>Wednesday Workshop</b>	<p>(561) 588-4545            2290 10<sup>th</sup> Ave N #406, Lake Worth, FL 33461  <a href="http://www.alzpb.org">www.alzpb.org</a>            RSVP for any event by calling (561) 588-4545.</p>	
	Managing Your Emotions During This Time <b>Watch on our Website</b>		Should You Be Honest With Your Loved One? <b>Watch on our Website</b>		