




September 2018

Alzheimer's Care Resource Center: Caregiver Information Station Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>(561) 588-4545</p> <p>2328 10th Ave N #600, Lake Worth, FL 33461</p> <p>www.alzpb.org</p> <p>RSVP for any event by calling (561) 588-4545</p>		----	----	----
Week 2	<p>3 Monday Mojo for Caregivers</p> <p>Ways to Discipline Your Negative Thoughts into Positive Ones</p> <p><i>Watch on our website</i></p>	<p>4</p>	<p>5 Wednesday Workshop</p> <p>Smart Ways to Beat Caregiver-Related Depression</p> <p><i>Watch on our website</i></p>	<p>6 The Reef for Men</p> <p>Fun Hobbies for Men with Memory Loss</p> <p><i>Watch on our website</i></p>	<p>7</p>
Week 3	<p>10 Monday Mojo for Caregivers</p> <p>Inspirational Words "Nothing Will Change Unless You Change"</p> <p><i>Watch on our website</i></p>	<p>11</p>	<p>12 Wednesday Workshop</p> <p>Important Questions to Ask Your Aging Parents</p> <p><i>Watch on our website</i></p>		<p>14 Waves of Faith</p> <p>Reconnect to Your Spirit</p> <p>Non-Denominational Prayer and Inspiration</p> <p><i>Watch on our website</i></p>
Week 4	<p>17 Monday Mojo for Caregivers</p> <p>How to Bring More Positivity into Your Home</p> <p><i>Watch on our website</i></p>	<p>18 Special In-Office Event</p> <p>Everything You Need to Know About Medical Insurance Plans</p> <p>10:00am-11:30am</p> <p><i>Lake Worth Office</i></p>	<p>19 Wednesday Workshop</p> <p>Why It's a Great Idea to Join a Support Group</p> <p><i>Watch on our website</i></p>	<p>21 Paint for Fun™</p> <p>10:00am-12:00pm</p> <p><i>Lake Worth Office</i></p> <p>Create Your Own Painting Masterpiece</p> <p>Register at (561) 588-4545</p>	
Week 5	<p>24 Monday Mojo for Caregivers</p> <p>A Powerful Reminder "You Are Amazing"</p> <p><i>Watch on our website</i></p>	<p>25</p>	<p>26 Wednesday Workshop</p> <p>Awesome Ways to Unplug From Caregiving</p> <p><i>Watch on our website</i></p>	<p>27</p>	<p>28</p>