




January 2017

Alzheimer's Care Resource Center: Caregiver Information Station Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	2 Monday Mojo for Caregivers A Warm Welcoming into the New Year <i>Watch on our website</i>	3	4 Wednesday Workshop Tips for Late-Stage Dementia Caregivers <i>Watch on our website</i>	5	6	
	9 Monday Mojo for Caregivers New Caregiver Resolutions to be Happier in 2017 <i>Watch on our website</i>	10	11 Wednesday Workshop 5 Natural Remedies for Soothing a Loved One with Anxiety <i>Watch on our website</i>	12 The Reef for Men Tips on Caregiving for Your Parents <i>Watch on our website</i>	13 Paint for Fun™ 9:30am-11:30am In Lake Worth Office Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i>	
Week 3	16 Monday Mojo for Caregivers What Does Healthy Caregiving Look Like? <i>Watch on our website</i>	17	18 Wednesday Workshop Home Safety Tips for Dementia <i>Watch on our website</i>		20 Paint for Fun™ 9:30am-11:30am In Lake Worth Office Create Your Own Painting Masterpiece <i>Register at (561) 588-4545</i>	
	23 Monday Mojo for Caregivers Overcoming Family Caregiver Stress <i>Watch on our website</i>	24	25 Wednesday Workshop 6 Ways to Use Your Body Language to Build Trust While Caregiving <i>Watch on our website</i>		27 Waves of Faith Reconnect to Your Spirit Non-Denominational Prayer and Inspiration <i>Watch on our website</i>	
Week 5	30 Monday Mojo for Caregivers 3 Things to Get You Through the Week <i>Watch on our website</i>	31 Family Caregiver Workshop 10:30am-12:00pm Is It Time to Place Your Loved One? How Do You Know? <i>Register at (561) 588-4545</i>	----		<p align="center">(561) 588-4545 2328 10th Ave N #600, Lake Worth, FL 33461 www.AlzheimersCareResourceCenter.org RSVP for any event by calling (561) 588-4545.</p>	